Led by Stephen Wills, MD, medical director,
University of Maryland Shore Regional Health's
Comprehensive Rehabilitation Services provide a
broad range of rehabilitation, pain management
and health enhancement services. In diverse
locations throughout the five-county region,
our services and programs are provided by an
exceptional team with expertise in many fields,
including: rehabilitation medicine and nursing;
neurology; orthopaedics; pain management;
physical, occupational and speech therapy; and
complementary therapies.

We hold advanced training and professional development in high regard and aim for best practice by participating with national organizations that measure inpatient and outpatient outcomes in clinical care and patient satisfaction. Overall, our services are accredited by The Joint Commission and our nurses are Magnet\*-recognized by the American Nurses Credentialing Center (ANCC).

Additionally, our Requard Center for Acute
Rehabilitation has earned continuous accreditation
by the Commission on Accreditation of
Rehabilitation Facilities (CARF) since 2009. Its
Stroke Specialty Program is also CARF accredited.



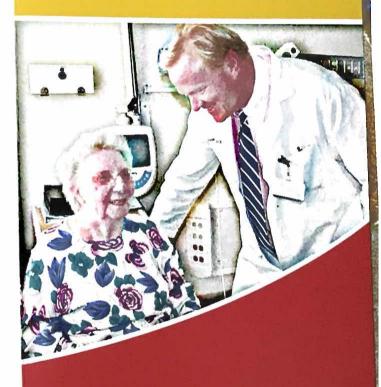
For information about inpatient or outpatient rehabilitation services, contact Elizabeth Todd, MS, BSN, RN I-V, CCRN at 410-822-1000, ext. 5857 or etodd@umm.edu.

Physician referrals may be sent to RehabReferrals@umm.edu.

UM Shore Regional Health Comprehensive Rehabilitation Services is a proud member of the University of Maryland Rehabilitation Network (UMRN).

umshoreregional.org

# COMPREHENSIVE REHABILITATION SERVICES





## INPATIENT REHABILITATION

Requard Center for Acute Rehabilitation UM Shore Medical Center at Easton 219 S. Washington Street, Easton, MD 21601 410-822-1000, ext. 5845

Centrally located at UM Shore Medical Center at Easton, the Requard Center enables patients on Maryland's Eastern Shore and in neighboring counties of Delaware to receive the best medical care and support toward their recovery from injury, surgery, or illnesses while staying in daily contact with their network of family and friends.

The Requard Center provides acute rehab care for those recovering from injury, surgery or illness. Requard patients benefit from:

- Intensive hospital-level care led and provided by a rehabilitation physician
- Rehabilitation nursing, physical therapy (PT), occupational therapy (OT) and speech/language pathology (SLP)
- State-of-the-art and robotic rehabilitation technologies including Gait Rite, Lite Gait and InMotion Upper Extremity Robot
- Case management and outcomes management

The Requard Center has earned continuous accreditation by the Commission on Accreditation of Rehabilitation Facilities (CARF) since 2009. Its Stroke Specialty Program is also CARF accredited.

UM Shore Nursing & Rehabilitation Center at Chestertown 200 Morgnec Road, Chestertown, MD 21620 410-778-4550

Certified by both Medicare and Medicaid, UM Shore Nursing & Rehabilitation Center at Chestertown is a comprehensive, 98-bed skilled nursing facility. The Center's fully licensed and credentialed rehab team provides a less intensive level of subacute care and is well-known for providing outstanding care for patients recovering from surgery or hospitalization.

# **OUTPATIENT REHABILITATION**

Shore Comprehensive Rehabilitation offers diverse outpatient rehabilitation services in several locations throughout the five-county region. Services include:

- Balance Rehabilitation (certified)
- Bertec Balance Testing & Training
- Cancer Rehab
- Canalith Repositioning
- Complete Decongestive Therapy (CDT)
- Fatigue Therapy
- Hand Therapy (certified)Headache Therapy
- Joint Replacement Therapy
- Lee Silverman Voice Therapy
- Lokomat Robotic Gait Therapy
- Lymphedema Therapy (certified)

- Manual Therapy (certified)
- Neurologic RehabOccupational Therapy
- Pain Care
- Parkinson's Therapy (LSVT\* Big & Loud)
- Pelvic Pain
- Physical Therapy
- Prosthetics and Orthotics (P & O) Clinic
- Spine Rehab
- Swallowing Therapy
   Speech & Language Therapy
- Vestibular Therapy

Shore Rehab at Cambridge/The Balance Center 309 Sunburst Highway, Suite 15, Cambridge, MD 21613 410-221-0029

# Shore Rehab at Denton

920 Market Street, Denton, MD 21629 410-479-3300

Shore Rehab at Easton/Regional Swallowing Center 10B Martin Court, Easton, MD 21601

410-822-3080

### Shore Rehab at Queenstown

UM Shore Medical Pavilion at Queenstown 125 Shoreway Drive, Suite 280 Queenstown, MD 21658 410-827-3818

# The Orthopedic Center

(Joint Venture with UM SRH) 510 Idlewild Avenue, Easton, MD 21601 410-820-8226

### PAIN CARE

Shore Comprehensive Pain Care 219 S. Washington Street, Easton, MD 21601 410-822-1000, ext. 5226

Shore Comprehensive Pain Care provides a state-ofthe-art approach to pain care, including:

- Medication management
- Minimally invasive in-office procedures
- Outpatient fluoroscopic image-guided interventional procedures
- Physical therapy
- Lifestyle education and coaching
- Referral for nutrition education and smoking cessation resources
- Participation in Chronic Pain Self Management classes

### THE BALANCE CENTER

309 Sunburst Highway, Suite 15, Cambridge, MD 21613 410-229-0029

Led by otolaryngologist Morris Z. Effron, MD, program medical director, the Balance Center team assists physicians in the treatment of patients with balance problems associated with dizziness/vertigo, musculoskeletal disorders and neurologic conditions. These are identified through the Center's state-of-theart Bertec equipment, which also is used for retraining to improve balance and stability, thereby decreasing fall risk. Each patient benefits from an individualized treatment plan that includes education/coaching, strengthening of key muscle groups to improve balance skills, and integrating the function of all three balance systems (vision, sensory, vestibular).

# COMPLEMENTARY THERAPIES

Center for Integrative Medicine 522 Cynwood Drive, Suite 300, Easton, MD 21601 410-770-9400

The Center for Integrative Medicine provides a variety of complementary therapies in a warm, personal and caring way.

These therapies include:

- Acupuncture
- Massage: Deep Tissue, Myofascial, Oncology, Swedish and Infant
- Psychotherapy: Cognitive Behavioral Therapy (CBT)
- Reiki