#### **The Presenters**

#### TODD SCHAFFHAUSER

Todd became an above-the-knee amputee at the age of 15 as a result of cancer. Determined to regain an active lifestyle, he pursued competitive athletics for the first time in his life. In 1988, Todd qualified for the Paralympics Track and Field Team and won a gold medal by completing the 100m event in a time of 15.77 seconds. In the 1995 World Games in Germany, he broke his own world record by running the 100m in 14.55 seconds. Todd competed and medaled at three Paralympic Games.

Along with his athletic endeavors, Todd has worked in the prosthetic community for more than 20 years. He co-created the Amputee Walking School that has changed the lives of thousands of amputees, their families and rehabilitation professionals worldwide. Todd participated in the research, development and marketing of numerous prosthetic products. In 2002, he was named an honorary member of the American Academy of Orthotists and Prosthetists.

#### **DENNIS OEHLER**

Dennis became a below-the-knee amputee at the age of 24 as a result of an automobile accident. Dennis was determined to resume his athletic endeavors and qualified for the 1988 Paralympics Track and Field Team. In Seoul, Korea, he set the world record for the 100m event in 11.73 seconds and won gold medals in the 200 and 400 meter events. Four years later in Barcelona, he set another world record in the long jump and took silver in the 100m.

In 1989, Dennis co-created the Amputee Walking School designed to take amputees beyond traditional rehabilitation. This life-changing program has reached more than 15,000 amputees and 75,000 therapists worldwide.

Dennis has served on the board of directors for the American Board for Certification. For O&P In 2002. he was named an honorary member of the American Academy of Orthotists and Prosthetists.

## **Advanced Gait Training for Individuals with Lower Extremity Amputation**

11/08/2014

"One step forward... is one step gained."

## **COURSE AGENDA**

9-9:45 AM Registration, Welcome & Intro 9:45 AM LECTURE/LAB Strengthening AKA 11:30AM LUNCH (on your own) 12:30PM LECTURE/LAB Strengthening BKA 1:30PM LAB Walking and Running 3:30 PM Questions & Answers, Post Test

## **Participants**

Physical Therapists & Physical Therapy Assistants, Occupational Therapists, Physiatrists, Orthotists, Prosthetists, Amputees of all ages and abilities, family members and students.

**SPACE IS LIMITED** so register early!

There is NO Registration on the day of the event.

Contact Frank Rath, PT with questions: frath@shorehealth.org 410-822-1000 x7641

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	ease provide the information requested above d return with the registration fee to:
-	UM Medical Center at Cambridge



300 Bryn Street Cambridge, MD 21613



phone: 410/822-1000 x 2111



fax: 410/228-0767

COST: \$100

UMMS Employees: \$50

FREE for amputees, family, and student PTs.

UM Shore Regional Health reserves the right to cancel any program and will refund the full registration fee only. We are not responsible for airfare, reservation expenses or other incurred expenses. Course content is not intended for use outside the scope of the learner's license or regulation. Clinical continuing education should not be taken by individuals who are not licensed or otherwise regulated, except as they are involved in a specific plan of care.

#### **COURSE OBJECTIVES**

- 1. Select and perform appropriate stretches and strengthening exercises to assist the person with amputation to achieve increased flexibility, strength and function to achieve the best performance from his or her prosthetic device.
- 2. Demonstrate and teach fitness modifications for individuals with above- and below-knee amputation.
- 3. Analyze biomechanical features of walking and running gait with the prosthetic device in persons with amputation.
- 4 Teach persons post amputation about resources available for return to community recreation participation.

## **Educational credit**

This course has been approved by the Maryland State Board of Physical Therapy Examiners for .5 CEUs.

# Advanced Gait Training for Individuals with Lower Extremity Amputation

Presenters:

Todd Schaffhauser, Dennis Oehler

**November 8, 2014** 

9am to 4pm

#### **LOCATION**

UM Shore Regional Health Rehabilitation Center at Queenstown 125 Shoreway Drive Queenstown, MD

This course presented by:

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UM Shore Regional Health Comprehensive Rehab Care 300 Byrn Street Cambridge, MD 21613