

DANKMEYER

PROSTHETICS & ORTHOTICS

WEARING INSTRUCTIONS FOR YOUR LUMBO-SACRAL BACK SUPPORT

A clean, wrinkle-free T-shirt or tank-top should be worn between you and the back support to wick away moisture, reduce friction and keep the orthosis clean. All of your other clothing, including your underwear should be worn over the back support.

To ensure that the back support is not upside down, the tag should be toward the top in the back (just like a shirt).

Your back support should be tightened, working from the bottom to the top. It should be worn as snugly as tolerable, but it should not be so tight that you cannot eat or breathe. The snugger the back support is worn, the more support it provides.

Loosen the buckles to make removal of the back support easier. After removing the back support, be sure that all the buckles are loosened as much as possible to make it easier to put on the next time.

To clean the back support, remove the stays in the back, wash by hand using a mild detergent and let dry overnight. DO NOT wash the back support in the washing machine or place it in the dryer. The stays are labeled to distinguish left from right as well as top from bottom so that you can be sure to put them back in correctly after the corset has dried.

Unless otherwise directed by your physician, you should wear your back support whenever you are out of bed.

If you have any questions or concerns regarding your back support, please do not hesitate to contact our office.

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Hours of Operation: Monday through Friday, 8:00 am - 4:00 pm