

DANKMEYER

PROSTHETICS & ORTHOTICS

Important Wearing Instructions for your Kidney Guard

Your kidney guard is made of a high temperature plastic with a soft liner. To provide kidney protection, it may limit some motions of your torso. Your physician will advise you on how long you must wear your kidney guard and which activities are permitted.

Applying Your Kidney Guard

1. While standing, position the rigid kidney guard over the appropriate side of your torso. There will be a larger area of the kidney guard in the front of you than the back.
2. Wrap the elastic strap around your waist, from the back to the front. Secure the Velcro snugly on the front of the kidney guard.
3. Reposition the kidney guard as necessary throughout the day.

Skin Care

1. Be sure to bathe daily.
2. Always wear a clean, snug, cotton undershirt (without side seams) under your kidney guard.
3. Wear the kidney guard as snugly as possible to provide ample protection and reduce movement against your skin.
4. ALWAYS contact your Orthotist if your kidney guard is not comfortable and requires adjustment.

Cleaning Your Kidney Guard

Your kidney guard should be cleaned daily with rubbing alcohol or soap and water, thoroughly rinsed, and towel dried.

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Hours of Operation: Monday through Friday, 8:00 am - 4:00 pm